

“ Good Boundaries and Goodbyes “

Proverbs 25:28

Trust is the oxygen of all Human relationships

When we allow someone else access to us emotionally, physically, financially, mentally, we MUST REQUIRE them to be responsible with that access.

If you give someone level 10 access, but they are only willing or capable of level 3 responsibility... relational tension will exist.

Trust will erode and frustration will increase

Level 10 access requires level 10 responsibility To

Setting a Boundary

Is you being responsible enough to reduce the access we grant others based on their responsibility with that access.

People who are irresponsible with our hearts should not have access to our hearts

Proverbs 4:23

Love can and should be unconditional/ but relational access should never be !!!

Boundaries help us protect relationships

Boundaries help keep ourselves together so we can become the person GOD called us to be !!!

Boundaries help us protect relationships Trust

Close: if someone will not respect your boundaries, it's because they don't respect you!!!

Good Bye !!!

1. It's not unchristian to come to grips with our limits and set healthy boundaries in our relationships
2. It's not unchristian to require people to treat you in healthy ways.
3. It's not unchristian to call wrong things wrong and hurtful things hurtful.

We have to know how to spot dysfunctional behavior, and when to recognize It's no longer reasonable or safe to stay in a relationship !!!

